

# SPRING 10U 2019

*You are 10u... if you are 10 years old or younger on 8/31/2019  
(born between 9/1/2008 thru 8/31/2009)*



## EAGLES BASEBALL

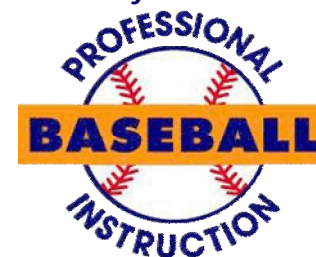
*Regular Season League Play  
in PBI Baseball League*



*Bergen County Charity Classic  
5/24/18 – 5/27/18*



*Winter Training  
January thru March*

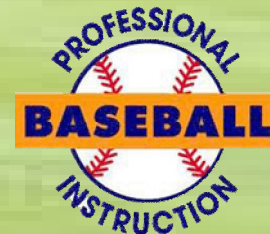


➔ Tryout Info ➔ Season Details ➔ Tournament Details  
➔ Winter Training

# What's Included...



- ➔ REGULAR SEASON LEAGUE PLAY
- ➔ MEMORIAL WEEKEND TOURNAMENT
- ➔ WINTER TRAINING



## LEAGUE DETAILS

- ➔ 10u plays on 46/60 field; primarily LL rules
- ➔ League games are played in the PBI League
- ➔ 8 League Games in regular season
- ➔ League games are played on Sunday's...  
3/24, 3/31, 4/7, 4/14, 4/28, 5/5, 5/12, 5/19
- ➔ Semifinals on 6/2 and Finals on 6/9
- ➔ Majority of league games in the local Bergen, Passaic, Rockland County areas
- ➔ Game times vary according to whom and where we are playing.

## PRACTICE DETAILS

Thursday, March 14<sup>th</sup>... 4:30PM – 6:00PM... at PBI  
 Thursday, March 21<sup>st</sup>... 4:30PM – 6:00PM... at PBI  
 Thursday, March 28<sup>th</sup>... 4:30PM – 6:00PM... at PBI

Tuesday, April 2<sup>nd</sup> ... 6:00PM – 7:30PM... at PBI  
 and continuing every Tuesday at 6:00PM thru the season

## UNIFORMS

New Eagle players uniform includes> Jersey, Pants, Hat  
 New Uniform fee is \$100.

Additional Uniform items available if needed

Additional uniform item prices> Jersey(\$50.), Pants(\$40.), Hat(\$10.)



**Professional Baseball Instruction, Inc.**

20 Swan Road, Mahwah, NJ 07430

1-800-282-4638

[www.BASEBALLCLINICS.COM](http://www.BASEBALLCLINICS.COM)

## TRYOUTS

You may attend an open tryout or schedule your own private tryout.

### OPEN TRYOUTS

Available every **MONDAY** at **4:30PM**  
 (Must pre-register 24 hrs in advance. Limited availability.)

### PRIVATE TRYOUTS

Available Monday thru Saturday  
 Call 201-760-8720 ext. 100 ...or... email [doug@baseballclinics.com](mailto:doug@baseballclinics.com)

**2019 Spring Eagles...**  
**\$695.<sup>00</sup>**

**Spring Eagle fee includes BCCC tournament**

## TOURNAMENT DETAILS

### ➔ BERGEN COUNTY CHARITY CLASSIC

Dates... Friday, May 24<sup>th</sup> –thru– Monday, May 27<sup>th</sup>

Location... Bergen County, NJ and surrounding area

Web... [www.memorialbenefit.org](http://www.memorialbenefit.org)

### Notes Regarding Tournaments...

- ➔ Attendance to tournament is mandatory for all players.
- ➔ Any applicable travel/lodging/meal arrangements and associated costs are the responsibility of individual players, not PBI.

## WINTER TRAINING

All Spring Eagle players must attend a PBI winter training program. Program is available at member pricing for Spring Eagle Players.

### PRESEASON WINTER TRAINING PROGRAM (PSWTP)

➔ Player options are:

- January through March.....\$479.00
- February and March.....\$359.00
- March.....\$225.00

See page 3 for full details regarding the winter training

# PREPARE FOR SUCCESS WITH PBI'S WINTER TRAINING PROGRAMS...

# PRE-SEASON WINTER TRAINING PROGRAM

## PSWTP DETAILS

PBI's "Pre-Season Winter Training Program" is the most intense and thorough off- season training program available for 9 & 10 year old baseball players. This program will extensively key in on both fundamental and advanced skills. The PSWTP will bringing you to the doorstep of the 2019 baseball season fully prepared and ready to go!

## HEAD COACHES



### DOUG CINNELLA

President of PBI  
Veteran of 9 Professional Seasons  
Orioles, Expos, Mets, Yankees  
Current Cincinnati Reds Scout  
Seton Hall Univ. Alumni



### BOBBY LINEBURG

Bobby's enthusiasm for baseball and teaching kids how to play are obvious from the moment you walk into PBI!! Bobby also pitched at the collegiate level for MCC and attended tryout camps with Florida Marlins & Chicago White Sox



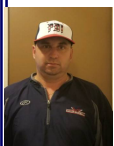
### STEVE HAYWARD

Pres; Baseball Health Network  
Veteran of 6 Professional seasons  
& Aberdeen Pheasants  
Current Tampa Bay Rays Scout  
Seton Hall Univ. Alumni



### KEITH CEDRO

NY Mets- Strength & Conditioning Coach  
Conditioning Consultant—NY Giants & Sox  
SHU



### KEITH SCHNEIDER

10 year varsity head coach at Secaucus.  
at Montclair State.  
Has coached several championship  
teams for the PBI Eagles.



### MICKEY STEC

Former 4 year varsity starter at Emerson Played  
HS. Continued at BCC and finished his  
collegiate career at Neumann Univ.  
Mickey has proven to be one of our great  
young coaches and we are proud to have  
him as one of the PBI s staff.

VISIT [WWW.BASEBALLCLINICS.COM](http://WWW.BASEBALLCLINICS.COM) FOR A FULL LIST OF PBI'S STAFF

PLAYERS WILL TRAIN IN THE INFIELD, OUTFIELD AND ALSO PITCH/  
CATCH. ALL PLAYERS WILL TRAIN HITTING AND BASERUNNING.

## HITTING TRAINING DETAILS

*(All players will work on their hitting & base-running skills)*

At P.B.I. we believe that all young hitters need to have balance and rhythm before, during and after their swings. Our proven hitting methods will yield immediate results for all our hitters. There will be tee work, toss-ups, front toss and live BP during this highly effective hitting program.

## PITCHING TRAINING DETAILS

### P.B.I.'S POWERFUL PITCHING TECHNIQUES

Pitching IS the game. P.B.I. understands this fact. Our expert approach to throwing quality strikes will give all pitchers a tremendous level of confidence. The emphasis of the pitching program is teaching a scientific approach to pitching performance. We guarantee you and your child will be delighted with this top-notch P.B.I program.

## INFIELD TRAINING DETAILS

P.B.I. will teach proper approaches to all types of ground balls. All ground balls are different, each one offers an opportunity to make a brilliant play. Training will include routine, glove side and backhand techniques to fielding ground balls. Other infield topics of training will include run-downs, short hop-pers, proper throwing mechanics (including when to throw off balance) and double play dynamics. Footwork and specialty work for 1st base will be covered extensively.

## OUTFIELD TRAINING DETAILS

Quick, accurate first steps and arm strength is vital to being an outfielder. Our controlled outfield drills will emphasize these outfield "ABSOLUTES".

## CATCHING TRAINING DETAILS

*(Only players who wish to work on their catching will catch)*

Catching is a vital position. All good teams have good pitching AND even better catching. Training will include: Receiving, blocking, throwing, fielding bunts and effective tag plays at home plate.

## NEW STRENGTH TRAINING FOR BASEBALL

A great new extensive strength training aspect will be included as part of the PSWTP. Speed, agility and strength work appropriate to the age group will be done each workout. Developing a sound, safe and scientific approach will put our players on the right path to physical fitness that will have a tremendous impact on their quality of life, not just today but for years to come!!

## PSWTP SCHEDULE

YOU MAY TRAIN FOR 3 -or- 2 -or- 1 MONTHS

Day	Time	January	February	March
Monday's	5:00- 7:00PM	1/7, 14, 21, 28	2/4, 11, 18, 25	3/4, 11, 18, 25



# 10u Spring 2019... Registration... Payment... Agreement

Players Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Mother's Name: \_\_\_\_\_

Father's Cell: \_\_\_\_\_ Mother's Cell: \_\_\_\_\_

Parent's Email(s): \_\_\_\_\_

Parent's Email(s): \_\_\_\_\_

What school grade are you in?: \_\_\_\_\_ Bats: LEFT — RIGHT Throws: LEFT — RIGHT

Primary Position: \_\_\_\_\_ Alternate Position(s): \_\_\_\_\_ Do you?... ☐ PITCH ☐ CATCH

## SCHEDULE YOUR TRYOUT

Please Note... roster spots will be awarded to players at the sole discretion of PBI on a first come—first served basis. PBI reserves the right to cancel a tryout date in the event the roster becomes complete prior to a tryout date.

**Tryout Location>>> Riverside Park, 125 Reich Road, Mahwah, NJ**

OPEN TRYOUTS... Must pre-register 24 hours in advance. Limited availability.

☐ OPEN TRYOUT... MONDAY'S... 4:30PM .... Date: \_\_\_\_\_

**Can't make any of the tryout dates?... Private tryouts available by appointment.**  
To schedule a private tryout call 1-800-282-4638 ext. 100 or email to [doug@baseballclinics.com](mailto:doug@baseballclinics.com)

☐ PRIVATE TRYOUT... Date/Time: \_\_\_\_\_ Coach: \_\_\_\_\_

**You will be advised of your status with the team...  
within 7 days via EMAIL**

There are three possible outcomes... 1) Yes... 2) No... 3) Wait List

☐ Group Tryout is \$10.<sup>00</sup>

☐ Private Tryout: \$20.<sup>00</sup>

Accepted Methods of Payment:

☐ Cash ☐ Check ☐ Visa ☐ Master Card ☐ AMEX

CARD# \_\_\_\_\_ Exp. \_\_\_\_\_ Code: \_\_\_\_\_

Please review and complete opposite side of this page ➡➡➡

THE INFO BELOW IS IN ANTICIPATION OF YOUR SELECTION TO THE TEAM.

## 10u... 2019 Spring Eagles Payment Info

☒ Spring Season/Tournament ..... \$695.<sup>00</sup>

☐ + PSWTP... Jan. thru March..... + \$479.

☐ + PSWTP... Feb. & March..... + \$359.

☐ + PSWTP... March Only..... + \$225.

☐ Winter Training Program..... + \$ \_\_\_\_\_

☐ I need a full Uniform (jersey, pants, hat)..... + \$100.<sup>00</sup>

Size \_\_\_\_\_ Size \_\_\_\_\_

☐ I need additional uniform items..... + \$ \_\_\_\_\_

**GRAND TOTAL..... \$**

### PAYMENT DUE DATES

☒ 1/3 of Total Due upon selection to team..... \$ \_\_\_\_\_

☒ 1/3 of Total Due on 2/01/19..... \$ \_\_\_\_\_

☒ 1/3 of Total Due on 3/01/19..... \$ \_\_\_\_\_

## IF YOU ARE SELECTED FOR THE TEAM...

☐ **PAY BY CREDIT CARD** Visa, Master Card, American Express

1st payment will be processed to the credit card listed below upon being selected to the team. The balance of fees will be processed to the credit card listed below according to the schedule outlined in the "Payment Due Dates" section.

Card # \_\_\_\_\_ Exp. \_\_\_\_\_ Code: \_\_\_\_\_

☐ **PAY BY CASH / CHECK**

You must provide a credit card even if paying by cash/check. Cash/check payments must be presented by the payment due dates 8:00PM, otherwise, PBI will process payment to the credit card listed below.

Card # \_\_\_\_\_ Exp. \_\_\_\_\_ Code: \_\_\_\_\_

### \*\*\*REFUND/CANCELLATION POLICY\*\*\*

Absolutely NO cash refunds under any circumstance. All players are required to attend all practices, games, tournaments, and selected winter training sessions. PBI cannot provide make-up times for any missed practices, league games, tournaments, winter training sessions, cancellations due to weather, or cancellations of any kind; nor will PBI issue any credit vouchers for the same. You are considered as on the team at the time your registration is processed. In the event a player discontinues with the team prior to 2/01/19; monies paid to that date towards the team fee/tournament fee may be prorated in the form of a PBI credit voucher – less a \$100.<sup>00</sup> administrative fee. In the event a player discontinues with the team on or after 2/01/19; no refunds or credit vouchers will be issued. Please note; the entire winter training portion of the total fee is completely non-refundable.

### CONFIRMATION OF AGREEMENT:

I hereby agree to the above stated conditions of the 2019 PBI Spring Eagles policies. I have provided my credit card information within & authorize PBI to charge said credit card for all fees associated with the Spring Eagles.

**Signature:** \_\_\_\_\_

**Print Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Are either parents/guardians a current member of the US military?** ☐ YES ☐ NO